

## July 2010 Activity Schedule for North Ridge

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| <b>1<sup>st</sup>-3<sup>rd</sup></b>    | <p><b>ARTS &amp; CRAFTS:</b> Kidz Club Beach: Fish, Starfish, Sharks</p> <p><b>FITNESS:</b> Aerobics: Arms, Abs &amp; Legs</p> <p><b>GAMES:</b> Snake In The Grass , Cookie Monster, The Blob</p>   |
| <b>4<sup>th</sup>- 10<sup>th</sup></b>  | <p><b>ARTS &amp; CRAFTS:</b> <u>Independence Day</u>, Sea Shells, Sea Horses</p> <p><b>FITNESS:</b> Softball, Yoga, Dance</p> <p><b>GAME:</b> Silent Ball, Freeze Dance, 3-Legged Race</p>          |
| <b>11<sup>th</sup>- 17<sup>th</sup></b> | <p><b>ARTS &amp; CRAFTS:</b> Lighthouses, Fruit, Personalized Bookmarks</p> <p><b>FITNESS:</b> Basketball, Sprints, Cardio</p> <p><b>GAMES:</b> Dragon Tales, Seagulls and Crows, Mr. Fox</p>       |
| <b>18<sup>th</sup>- 24<sup>th</sup></b> | <p><b>ARTS &amp; CRAFTS:</b> Endangered Animals, Ocean in a Bottle</p> <p><b>FITNESS:</b> Soccer, Aerobics: Arms, Abs &amp; Legs</p> <p><b>GAMES:</b> Dodge Ball, Freeze Tag, Hide &amp; Seek</p>   |
| <b>25<sup>th</sup>- 31<sup>st</sup></b> | <p><b>ARTS &amp; CRAFTS:</b> Cultural Masks, International Landmarks, Fire Drills</p> <p><b>FITNESS:</b> Cardio, Softball, Dance</p> <p><b>GAMES:</b> Obstacle Course, Dragon Tales, Basketball</p> |